



starter set instructions – gel polish

you will need:

1 uv or led lamp

1 buffer

1 nail file

1 primer

1 base & finish

1 colour gel polish

gel cleaner

lint-free cotton pads (not included) or cotton wool

gel polish remover

remover clips (not included) or tin foil



instructions

- manicure the nails as normal, pushing back cuticles and gently removing any dead skin
- gently file the top layer of the nail just enough to remove the natural shine and apply a very thin layer of primer, allow to dry for 20 seconds

dab the primer brush off on a tissue or lint-free cotton pad before application to avoid applying too much

- apply a thin layer of gel polish base and finish avoiding any contact with the skin and cure for 2 minutes in a uv lamp or 30 secs in an led lamp
- apply a layer of your chosen gel polish colour and cure as above (repeat this step)
- apply gel polish base & finish taking care to cover the tip of the nail and cure as above
- remove the sticky layer using a lint-free cotton pad (or cotton wool) and the gel cleanser

add Swarovski stones, nail design glitter or stickers before the finish to create your very own unique nail design!

- to remove the gel polish, use aluminium foil wraps or remover clips (available online). put a few drops of gel polish remover onto a nail size piece of cotton wool and place on the nail, wrap up with aluminium foil and press down for 5-10 minutes (or use remover clips)
- unwrap and gently wipe down, remove any rest by gently lifting off the gel polish using the flat side of a metal cuticle pusher, do not scrape!