



## *starter set instructions – 3-stage gel system*

*you will need:*

*1 uv lamp*

*1 buffer*

*1 nail file*

*1 primer*

*1 bonding gel*

*1 builder gel (allround blue, prima rose or act)*

*1 high gloss finish*

*1 colour (if desired)*

*gel cleaner*

*lint-free cotton pads (not included) or cotton wool*

*gel brush no 6*

*gel brush no 5 (recommended for colour application)*



## instructions

- manicure the nails as normal, pushing back cuticles and gently removing any dead skin
- gently file your nails on the surface just enough to remove the natural shine
- remove any nail dust using gel cleaner and a lint-free cotton pad or cotton wool
- allow the gel cleaner to dry thoroughly
- apply a very thin layer of primer to the prepared nail

dab the primer brush onto a lint-free cotton pad or tissue before application to avoid applying to much

- apply a thin layer of bonding gel starting at the cuticle and brushing out over the whole nail avoiding contact with the skin
- cure the gel in the uv lamp for 2 mins
- do **not** remove the sticky layer, apply 3 medium layers of allround gel, curing each layer in the uv lamp (for infills 2 layers should be enough)

to create an ideal c-curve apply the gel slightly thicker in the middle

- remove the sticky layer and gently buff your nails in to shape until you have a smooth and even surface, clean off all the dust using the gel cleaner
- at this stage, you can either apply a colour and cure before finishing off with your chosen high gloss finish or for a natural look finish off with your chosen high gloss finish after buffing
- if the high gloss finish has a sticky layer remove with a lint-free cotton pad (or cotton wool) and gel cleaner

apply wet look clear nail polish after 2 weeks to freshen up your high gloss look